



Community is about identifying a need and bringing it altogether and that's how CPSG came about. We facilitate gatherings, we actively encourage member led participation, we have built trust and forged some lasting relationships. Staying socially connected and spending time with others is important for wellbeing and can help us feel happier and supported.

CPSG welcomes clear communication, respect for each other, confidentiality and a collaborative effort to achieve shared goals.

CPSG offers a warm welcome, comfort and support. Where you can be a part of something and share a smile and laugh together, the main focus being on you, giving you a breathing space from your pain.

Dairy Dates

Positively Crafty—Thursday 2nd April from 1.30pm-4pm

Coffee Morning—Tuesday 7th April from 10.30am at The Dragonfly Hotel

CPSG Speaker Meeting—Thursday 16th April from 2pm-4pm

Both Meetings are held at Southgate Community Centre

Zoom—Virtual Coffee Morning on Saturdays from 10am

Positively Crafty came back with a bang! A full compliment of members and a pleasant session making different types of flowers from an array of coloured paper to adorn a variety of objects. Ana was a welcome visitor and became truly inspired when observing the making of one from start to finish of the variety of designs.

Crafting is so absorbing, it calms the mind and helps you to relax in the moment giving you respite from the pain. Whether you're an expert or an amateur the end result brings about a real sense of achievement.

Coming together with like-minded people is socially rewarding as is the crafting.

Come and be creative.

